





BLACK BELT WORLD C A N A D A

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		All Ages/Levels 12:10-1:00pm		All Ages/Levels 12:10-1:00pm		Tiny Tigers/Juniors (Age 3-12) 10:30-11:00am
						Family (Ages 5+) 11:00-11:40
HPAC/Junior Elite 2:00-4:00pm	PRIVATE LESSONS	PRIVATE LESSONS	PRIVATE LESSONS	PRIVATE LESSONS	PRIVATE LESSONS	Poomsae (Ages 6+) 11:40-12:20pm
	After-School/Juniors 4:30-5:30pm	After-School/Juniors 4:30-5:30pm	After-School/Juniors 4:30-5:30pm	After-School/Juniors 4:30-5:30	After-School/Juniors 4:30-5:30pm	HPAC Poomsae 12:20-1:00pm
BIRTHDAY PARTIES		Tiny Tigers (Age 3-5) 5:30-6:00pm		Tiny Tigers (Age 3-5) 5:30-6:00pm		BIRTHDAY PARTIES,
AND	Juniors (Age 6-12) 6:00-6:40pm	Juniors (Ages 6-12) 6:00-6:40pm	Juniors (Age 6-12) 6:00-6:40pm	Juniors (Age 6-12): 6:00-6:40	Juniors (Ages 6-12) 6:00-6:40pm	TESTINGS
SPECIAL EVENTS	Sparring 6:40-7:10pm	Family (Ages 5+) 6:40-7:10pm	Sparring 6:40-7:10pm	Weapons 6:40-7:10pm	Family (Ages 5+) 6:40-7:10pm	AND
	Adults (Ages 13+) 7:10-8:00pm	Adults (Ages 13+) 7:10-8:00pm	Adults (Ages 13+) 7:10-8:00pm	Adults (Ages 13+) 7:10-8:00	Weapons 7:10-7:30pm	SPECIAL EVENTS
	Demo 8:00-8:40pm	HPAC Poomsae 8:00-9:00pm	Conditioning 8:00-8:30pm	PRIVATE LESSONS	Sparring (Colour Belts) 7:30-8:30pm	

*New schedule effective as of Monday, January 8th, 2018.

*Please note: 4:30pm-5:30pm Junior class is a basic class and does not include weapons or sparring (excepting after-school students).

550 Parkside Drive, Unit #A3

bbwwaterloo@gmail.com

519-954-5925